

Recharging Batteries

Imagine it is Saturday morning in term time. You have worked hard during the week and you're glad it's the weekend. There's some homework to do and a few household jobs to help with. But if you're lucky, there will be plenty of time for you to spend on the things you like doing, to relax and enjoy yourself. How will you occupy your leisure time, then? Will you spend hours over the weekend outside in the garden or the park or the street, chasing around with friends or playing football? Perhaps, you will sit inside all day watching television or maybe you will pick up a book and be transported into an imaginary world. Or will you torture the neighbours as you practice for your future role as a world-famous pop singer?

Whatever you do, it will be a break from schoolwork, a leisure activity, a form of recreation. Look closely at the word 'recreation' and you will see that it literally means re-creation – creating ourselves again. This gives us a clue as to how important it is. Through recreation we renew and refresh ourselves, and this is something that we all need, whether we are children or adults. If all we do in our waking hours is work, we go on using our minds and bodies in the same way, without giving them a break. We become overtired, and probably rather boring too! As the old saying goes, 'All work and no play makes Jack a dull boy.' We need different kinds of recreation, too – activities that refresh our bodies and ones that refresh our minds.

I- COMPREHENSION

BASE YOUR ANSWERS ON THE TEXT

A- Answer the following questions. (5PTS)

1. When can people be happy about the weekend?

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2. How can books be relaxing?

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3. Why is leisure time necessary?

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4. In what way do you think the title is related to the text? (2pts)

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.....

B- Are these statements true or false? Justify your answer. (3pts)

1. Neighbours enjoy it when you spend time singing during the weekend?

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2. Working all the time is a good thing.

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3. Physical activities are not enough for people to relax.

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.....

C- Find words in the text which mean the same as: (2pts)

1. leisure time:

2. boring:

A- Complete the story with the correct verb form, Past Simple or Past Continuous.
(4pts)

When I(be) a student at university, I(get) a job as a waiter at a café. On my second day on the job, one of my teachers, Mr Higgins,(come) to have a cup of coffee. He (sit) alone, so I(go) to talk to him. He(remember) my name and we(talk) for some time. Then, he(order) a cup of coffee and I(go) back to the kitchen to get it. I (try) to make a good impression on my teacher but in the end I(make) a fool of myself. I(stand) next to Mr Higgins with his cup of coffee in my hand ready to give it to him when something terrible(happen). While a little girl(run) around the café, she (run) into me and I(fall) on Mr Higgins. There was coffee everywhere, especially on Mr Higgins suit.

B- Fill in the blanks with the right verb from the list. Make any necessary changes.
(3pts)

rush – knock – row – drown – rub – pack – stare – swap – browse – tidy – rehearse

1. Let'sour essays and correct each other's mistakes.
2. Don't just.....your copybook when you are revising. You must concentrate on each lesson.
3. When I left home in a hurry this morning, my room was in a total disorder. So, when I will go back home, I will..... it up.
4. Sara was absent minded when sheover the coffee on the floor.
5. The thing I hate most about travelling is that I have to I feel really happy when my mum sometimes does it for me.
6. One summer day, when we were in the beach, a young manwhile he was swimming far away from the coast.

C- Fill in each blank with an appropriate word to complete the following collocations or expressions. (3pts)

1. Sally is a**smoker**. She will probably have a lung cancer if she doesn't give up smoking.
2. There was nothing much to do yesterday evening. So, I just stayed in and**it easy**.
3. If you don't give me the right directions to your house, I will**lost!**
4. My father is**grey**, but I like that grey colour on his hair.
5. Why don't you**out for a walk?** It can help you lose weight.
6. People should.....**out** at least twice a week because physical exercises refresh the body.